

Innovedica Foundation

Event Report on Youth 4 Swaraj



Organised by: Innovedica Foundation

Theme: Harit Swaraj - Water Conservation & Entrepreneurship Networking

Location: JAN PRAGATI SANSTHAAN, District Jamui, Bihar, Pin-811315

Dates: May 1-3, 2025



1. Introduction

The Youth 4 Swaraj event, hosted by Innovedica Foundation, was successfully conducted from May 1 to May 3, 2025, in Jamui, Bihar. This three-day residential program brought together over 50 youth leaders from across India and more than 100 local participants to engage in a transformative experience centred on sustainability, leadership, and community development. Guided by the Harit Swaraj philosophy, the event focused on two key pillars: Jal Swaraj (Water Conservation) and Entrepreneurship Networking, aiming to empower youth as changemakers for ecological balance and grassroots innovation.

2. Event Overview

The program was designed to foster youth leadership through hands-on activities, cultural exchange, and strategic discussions. It aligned with Innovedica Foundation's mission to promote sustainable agriculture, water conservation, public health, renewable energy, and social entrepreneurship. The event blended physical discipline, social responsibility, and reflective learning, creating a space for unity in diversity.

3. Participants

The event saw enthusiastic participation from 55 youth leaders representing various states across India, alongside 120 local participants from the Jamui region. Attendees included young changemakers, social entrepreneurs, students, and community leaders, all united by a shared commitment to sustainability and nation-building.



Day 2: Learn, Build & Lead with Purpose (May 2, 2025)

Morning Routine & Community Engagement (6:00 AM - 11:00 AM): The day began with the regular morning routine, followed by Shram Sanskar—a community water body clean-up activity. Participants helped revive a local pond that serves as a vital resource for the villagers, used daily for bathing, washing clothes, and providing water for livestock. Recognising its importance, the team took the initiative to clean the area and urged the villagers to maintain it regularly. Children from nearby villages also joined the effort, enthusiastically helping to clean their surroundings. As a gesture of encouragement, they were rewarded with toffees and certificates to inspire continued participation in community cleanliness.



Skill Exchange & Cultural Leadership (12:00 PM - 3:00 PM): A visit to local entrepreneur models, such as Khakra-making enterprises, provided valuable insights into rural innovation. It became an insightful exchange where local entrepreneurship was introduced on a national platform, with several NGOs expressing interest in replicating the model. This experience laid the foundation for our ongoing Business Exchange Model initiative, promoting cross-regional learning and sustainable enterprise development.



Professional Development & Team Building (4:00 PM - 9:00 PM): A business communication workshop covered resume writing, CV crafting, and interview skills, equipping participants with essential tools for professional success. This was followed by interactive team-building games and role-plays that strengthened collaboration and leadership among the youth. The day concluded with a collective dinner.



Day 3: Reflect, Recharge & Reimagine Change (May 3, 2025)

Morning Routine & Environmental Stewardship (6:00 AM - 11:00 AM): After the morning routine, participants engaged in a plantation drive, planting trees to symbolise growth and sustainability. Inspired by the activity, local villagers and children joined in the drive and enthusiastically participated. They expressed their commitment to continue the initiative, promising to care for the plants and promote the spirit of environmental responsibility in their community.



Exploration & Emotional Awareness (12:00 PM - 3:00 PM): The participants visited the historic Jain Temple in Jamui, known as the birthplace of Mahavir Jayanti. They observed the region's cultural and spiritual richness, particularly the extraordinary marble carvings created by local artisans. The visit was followed by a session on managing stress and emotions, which provided youth with practical tools for mental well-being and resilience. The experience deepened their understanding of local heritage while promoting inner awareness and balance.



Reflection & Celebration (4:30 PM - 9:00 PM): Participants submitted local entrepreneurship ideas, showcasing innovative, community-based models aimed at sustainable development. The final cultural program featured vibrant performances, the Bharat ke Santhan presentation, and certificate distribution. Local villagers were invited to join the event and communal dinner, creating a warm atmosphere of inclusion and celebration. Community members and children who actively participated in the plantation and cleaning drives were also felicitated, making the closing moments meaningful and encouraging continued engagement.



5. Key Outcomes

- **Youth-Led Initiatives:** Formation of 5 youth-led eco clubs and 3 *Jal Rakshak* (Water Warrior) teams to continue water conservation efforts in participants' regions.
- **Documentation:** Over 20 local solutions and action plans were documented, focusing on sustainable practices and community development.
- **Skill Development:** Participants gained practical skills in business communication, entrepreneurship, and leadership, with 15 mentorship connections established for future collaboration.
- **Awareness and Visibility:** The peace rally and cultural programs garnered local media coverage, raising awareness about water conservation in Jamui.
- **Community Impact:** Revival of one community pond and planting of 50 trees, contributing to ecological restoration



6. Challenges and Learnings

- **Logistical Challenges:** Minor delays in transportation were noted, which slightly affected the schedule on Day 2. Future events will prioritise stricter timelines.
- **Participant Engagement:** While most participants were highly engaged, language barriers posed challenges during some sessions. Incorporating more translators could enhance inclusivity.
- **Learning:** The hands-on Shram Sanskar activities were the most impactful, highlighting the value of experiential learning in driving behavioural change.

7. Stakeholder Contributions

- **Innovedica Foundation:** Led coordination, training, and facilitation of the event.
- **Local Administration & Panchayats:** Provided logistical support and community engagement opportunities.
- **Partner NGOs/Institutions:** Contributed resource persons and co-implemented key sessions.
- **Volunteers & Organising Committee:** Ensured smooth execution of travel, accommodation, and event activities.

8. Conclusion

The Youth 4 Swaraj event successfully empowered young leaders to drive sustainable change through water conservation and entrepreneurship networking. By blending practical action, skill-building, and cultural exchange, the program cultivated a network of changemakers committed to ecological balance and community development. Innovedica Foundation looks forward to scaling this initiative, fostering more youth-led movements for a sustainable future.

Photos from the event are attached below:

Directors' discussion on Vision Talk



Peace Rally on Water Conservation



Lunch on Dona Pattal is made by local entrepreneur models



Community Pond Cleaning



Entrepreneur Model - Khakhra Making



Talk on Business Communication



Flag Hositing by Youth



Plantation Drive



Visit the local tourist Site- Mahavir Jain Mandir



Cultural Night-





***Central team in Jain Dharamshala**

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Invitation



INNOVEDICA FOUNDATION

cordially invites you to the

YOUTH4SWARAJ RESIDENTIAL TRAINING PROGRAM

1-3 May 2025

JAN PRAGATI SANSTHAAN

At+Po-Sabalbigha, Vaya- Lachhuar, District- Jamui,
Bihar, Pin- 811315

Theme: "Water Conservation, Sustainability & Self-Reliance"

Program Highlights

Day 1 – Connect & Express

- Yoga & Shram Sanskar
- Language Exchange & Talent Showcase
- Talks on Social Entrepreneurship
- Cultural Performances & Peace Rally

Day 2 – Learn & Build

- Visit to Local Enterprises
- Skill-Building: Resume, Interviews
- Team Activities & Communication Games

Day 3 – Reflect & Ideate

- Local Tourism Visit
- Mental Wellness Talk
- Entrepreneurship Idea Submissions

Day 4 – Celebrate & Conclude

- Closing Ceremony
- Experience Sharing & Awards
- Internship Opportunities

Eligibility

- Youth aged 18–30 years (up to 35 with special permission)
- One-side sleeper class travel funded by InnoVedica
- Must carry NOC from parents/guardians (ages 16–18)

Special Coverage

Catch special sessions and cultural showcases on our Mahaul YouTube Channel

Organized By:

- **Parent Organisation-** InnoVedica Foundation
- **Host Organisations-** Jan Pragati Sansthaan, Lok Vikas Sansthaan, Vikas Foundation



Register Now & Be a Change-Maker! -

https://docs.google.com/forms/d/1DoDgVKCr0gDYOjQjA9f9_eFn3PrdJICUkl50cvgs0Rc/edit

More Information



www.innovedica.com



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About Innovedica Foundation

Innovedica Foundation is an award-winning think tank dedicated to building a sustainable future through innovation, science-based knowledge, and holistic development. Guided by the philosophy of Harit Swaraj, it blends Vedic wisdom with modern practices in agriculture, health, water, and entrepreneurship.

The Foundation focuses on key areas such as sustainable agriculture, public health, inclusive finance, renewable energy, water conservation, circular economy, alternative education, and social entrepreneurship, aligning its efforts with CSR goals and national development priorities.

Our Work Includes:

- Youth4Swaraj – Youth leadership and social innovation
- Krishi Swaraj – Sustainable agriculture and rural livelihoods
- Swasthya Swaraj – Public health and well-being
- Jal Swaraj – Water conservation and management
- Gram Swaraj – Circular economy and rural governance
- Urja Swaraj – Renewable energy adoption
- Entrepreneurship & Skill Swaraj – Skill development and inclusive social entrepreneurship
- Alternative Education – Tech-enabled and values-driven learning pathways
- Institutional Strengthening – Supporting local governance and public institutions





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Vision & Mission Card

THEME:

Water Conservation, Sustainability & Self-Reliance Empowering Youth & Inclusive Social Entrepreneurs Network

VISION

To foster a self-reliant, ecologically conscious society inspired by Sanatan Dharma and Gandhian principles, where youth lead with purpose, compassion, and sustainability.

MISSION

To empower young individuals and local communities through constructive work, inclusive entrepreneurship, and the spirit of Vasudhaiva Kutumbakam (the world is one family).





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Daily Schedule - Day 1

THEME: "CONNECT, SERVE & CELEBRATE DIVERSITY"



5:00 AM	Yuva Geet
5:30 AM	Morning Tea
6:00 AM	Walk / Physical Exercise
7:00 AM	Flag Hoisting
7:30 AM	Shram Sanskar (Community water body Clean-up)
8:30 AM	Breakfast & Bath
10:00 AM	Youth for Swaraj Vision Talk (NGO directors sharing their experiences)
10:30 AM	Language Exchange
11:30 AM	Talent Class (Dance, Music, Sports)
12:30 PM	Lunch
3:00 PM	Talk: 'Mere Sapno Ka Bharat' "Empowering Youth & Inclusive Social Entrepreneurs Network"
4:30 PM	Group Games (for team building)
5:00 PM	Peace Rally (water conservation awareness)
6:30 PM	Sarv Dharma Prarthna
7:00 PM	Cultural Program: Bharat ki Santan
9:00 PM	Dinner
10:00 PM	Reflection Writing



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Daily Schedule - Day 2

THEME: "LEARN, BUILD & LEAD WITH PURPOSE"

Same till 10:00 AM	Morning Routine (Yuva Geet to Breakfast)
10:00 AM	Visit to Local Entrepreneur Models
3:00 PM	Business Communication Session (Resume, CV, Interview)
4:30 PM	Team Building Activities (Games, Role Plays)
9:00 PM	Dinner

Daily Schedule - Day 3

THEME: "REFLECT, RECHARGE & REIMAGINE CHANGE"

Same till 10:00 AM	Morning Routine (Yuva Geet to Breakfast)
10:00 AM	Local Tourist Site Visit
3:00 PM	Talk: Managing Stress & Emotions
4:30 PM	Submission of Local Entrepreneurship Ideas
9:00 PM	Dinner

